

CFMS Biography

Hello everyone! My name is Meera (she/her) and I am running to be your Director of Student Affairs once again.

I have been involved with the CFMS for two years – first, as the monthly newsletter co-editor and Bilingualism Committee member, and second, as the Director of Student Affairs. I want to thank you for these opportunities. They have been one of the most fulfilling experiences of my medical school career.

My community is everything to me. As we go through the challenges of medical school, it is our communities that help us overcome barriers and celebrate successes. This mindset ignites my passion for student well-being and community-building. As a result, prior to my CFMS involvement, I led the Queer, Trans, and Allied in Medicine club at U of T, to build an inclusive community and address educational gaps within 2SLGBTQ+ health.

As the Director of Student Affairs, my goal was to increase student engagement within our initiatives, and promote a broader culture of support. I worked with a passionate team to increase engagement within the National Wellness Challenge (and make it more social!), promote student advocacy to faculty members, and bring back the Culture Changers Campaign (to highlight residents and staff that go above and beyond). My team is currently performing environmental scans regarding student mistreatment and learner support culture across each school.

I would be beyond excited to continue serving as the Director of Student Affairs, to further student advocacy and create a more inclusive medical culture.